# June is National Safety Month

While your local electric cooperative often focuses on electric safety and provides information to keep you and your family free from harm, there are many other dangers lurking out there.

In recognition of National Safety Month, we're sharing the National Safety Council's list of the top causes of preventable injuries and death away from the workplace.

**POISONING.** In 2011, accidental poisonings overtook car crashes for the first time as the leading cause of unintentional injury-related death for all age groups combined. Poisoning deaths are often caused by exposure to gases, chemicals and other toxic substances, but prescription drug overdose is by far the leading cause.

**VEHICLE CRASHES.** Crashes are the second-leading cause of unintentional injury-related death overall. Impaired driving, distracted driving, speeding and inexperience can cause a life to be cut short in the blink of an eye.

**FALLS.** Falling is the third-leading cause of unintentional injury-related death over all age groups, but it's the No. 1 cause of death for those aged 65 and older.

**CHOKING AND SUFFOCATION.** Choking on food or other objects is a primary cause of harm and death. Suffocation and choking rank higher among the elderly and infants.

**DROWNING.** It's the No. 1 cause of death for children from ages 1 to 4, mostly due to children falling into pools or being left alone and unsupervised in bathtubs.

**FIRES AND BURNS.** Fires often start at night, when families are asleep and most vulnerable. A working and well-maintained smoke alarm will cut in half the chances of dying in a fire.

#### NATURAL AND ENVIRONMENTAL INCIDENTS.

Weather-related disasters claim hundreds of lives per year. You should learn all you can about emergency preparedness and always have an emergency kit on hand in your home.

## BOWLING FOR CHARITY IN MITCHELL



More than 80 cooperative employees showed up in Mitchell for the 7th Annual Line Patrol Charity Bowling Tournament sponsored by Central Electric. The Lacreek Electric Headhunters shown above (Tiff Pettit, Terri Gregg, Cody Allen, Ryan Pettit) took top honors. The event was organized to raise money for a fund used

to help electric co-op employees and their families in times of need. Find out more about this event and South Dakota's electric cooperatives by visiting Cooperative Connections Plus. Simply scan the QR code at right.





### Call 811 before you dig

### **Maddy Pannell**

Maddy Pannell, age 10, reminds electric cooperative members to call 811 before digging into the ground when planting trees or pursuing other outdoor projects. Maddy is the daughter of Southeastern Electric members Scott and Kim Pannell of Sioux Falls.

Kids, send your drawing with an electrical safety tip to your local electric cooperative (address found on Page 3). If your poster is published, you'll receive a prize. All entries must include your name, age, mailing address and the names of your parents. Colored drawings are encouraged.