



Desmond Dean of Dakota Sports in Aberdeen says e-bikes are all the rage among outdoors enthusiasts. *Photo by Billy Gibson*

Electric bicycles give riders the little extra push they need - or not

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Sometimes when you find yourself struggling to move ahead, all you need is a little boost to get where you need to go.

That's the idea behind the invention of the electric bicycle. For those who enjoy mountain biking, pedaling for fitness or just commuting back and forth to work in the open air, the electric bike is becoming the cycle of choice.

Desmond Dean is manager of Dakota Outdoors in Aberdeen and he reports that sales are brisk with his line of Trek e-bikes. The first misconception he typically has to address with his growing list of curious customers is that an e-bike isn't a motorcycle.

"It's a bicycle. There's no throttle and you're in complete control the whole time. The battery and small motor are just there to give you some assistance when and if you need it," he explained.

"They're getting so popular because you can get a wide range of exercise. If you're having trouble with the wind or going up a hill, or if you just want to increase your distance, you can get the extra push you need. You can get some assistance or no assistance."

A battery usually takes about 5-6 hours to fully charge and there are models built for navigating off-road trails, touring, cruising or just moving around town from one point to the next. Prices can range from a few hundred dollars for a youth model to several thousand bucks for adult versions. Some bikes can top out at nearly 30 mph in the highest gear settings and some sweat equity.

Dean highly encourages his customers to take his e-bikes out for a spin around Aldrich Park across from the store because once the shopper puts the Trek through its paces and gets accustomed to the experience, "the bikes tend to sell themselves."

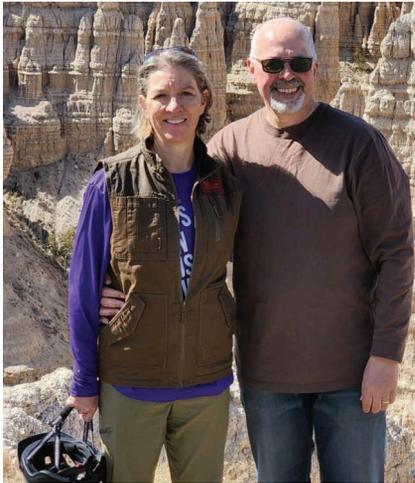
Mary Duvall, a state senator from

Pierre representing District 24, is a life-long fitness buff and has done a lot of pedal pumping over the years. So when her husband Rob suggested they purchase a pair of e-bikes, she was admittedly skeptical. What would be the point of pedaling if you're not going for the burn?

"I looked at it like it would be cheating and we wouldn't get a quality workout," she said. "But I quickly learned I was wrong. I can work as hard as I want and get whatever workout I feel like, or take it as easy as I want, depending on the day."

The Duvalls invested in his-and-her Aventons with thick sturdy frames and wide tires for handling uneven surfaces like the Black Hills, the Badlands and the undulating terrain around Pierre. They also chipped in for safety helmets equipped with an intercom system so they can keep in constant audio contact.

The couple covered 80 miles in a single day on the Mickelson Trail, stopped overnight in Hill City to recharge their batteries and their weary quadriceps, then rode another 56



Shown at left, Mary and Rob Duvall of Pierre have enjoyed their investment in e-bicycles and can go for long distances to see new sights. *Photos provided by Mary Duvall*

miles the following day. They ended up encountering another couple who had hauled their e-bikes from Texas to tour the Mickelson Trail. Another couple they met from Minnesota were using their e-bikes to complete the entire trail from Edgemont to Deadwood.

“We ride them at least once a month and they’ve opened up lots of options that we couldn’t tackle with regular bikes,” Duvall said. “It’s a fun way for us to get outside and enjoy some exercise and fresh air.”

its own pedal-assist system. By the end of 2023, worldwide e-bike sales are expected to reach 40 million units, or more if gas prices continue to escalate.

Surveys consistently indicate most e-bike buyers make the purchase with the goal of replacing trips they’d otherwise take in their cars. But Ron Block of Webster bought his for another reason: he needed to keep up with his wife Nancy, a school teacher who also

happens to be a competitive marathon runner.

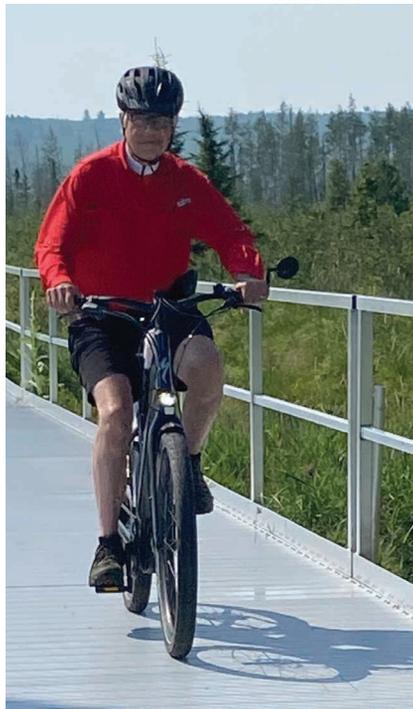
“She was leaving me behind, so I figured I needed some assistance to make it a little easier on me,” Ron said. “I rode a lot when I was a kid, but now I’m middle-aged and the bike gives me the ability to set the power to however much help I need.”

The Blocks enjoy biking together each week as part of a local cycling club, though occasionally they like to venture farther afield. Last summer, they biked among the giant redwoods in northern California and Oregon and also pedaled the Katy Trail in Missouri. This year they plan to take a trip to The Netherlands and rent bikes to see the sights.

Ron said he would encourage those who may be interested in purchasing an e-bike to find a nearby dealer, or find a friend who already has one and ask to take it for a test ride.

“That’s what I did before I bought one and I’ve been very satisfied,” he said. “I’ve talked to a lot of people who have them and they’re very happy they made the investment.”

Ron Block of Webster pedals his e-bike along a floating bridge on the Mesabi Trail in northern Minnesota. *Photo provided by Ron Block*



Approximate
number of e-bikes
40 million
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worldwide in 2023

Of course, the idea of attaching a small battery-powered motor to a bicycle frame isn’t new. The first patent for an e-bike was issued in 1895. There was a global surge in sales of 35 percent between 1993 and 2004 after Yamaha invented, manufactured and marketed