

Tuna Cheesettes

½ c. American cheese

2 tbsp. chopped dill pickles

2-3 hard boiled eggs,

½ c. salad dressing

chopped

½ tsp. salt

1 can (7 oz.) tuna

¼ tsp. pepper

2 tbsp. chopped onion

Preheat oven to 350. Mix ingredients and pile on ½ of a

hamburger bun to make an open-faced sandwich. Bake for 30 min. Serve warm.

Ruth Schilberg, Viborg

Crustless Cheddar Mini Quiches

Non-stick cooking spray

1 egg

1/2 teaspoon olive oil

1/3 cup sun-dried tomatoes, plus additional tomatoes for garnish

1 leek, cleaned and finely chopped (about 1 cup)

1/2 teaspoon fresh or dried thyme

1 cup reduced-fat shredded Cheddar cheese, divided

1 cup fat-free milk

Preheat oven to 350 degrees Fahrenheit. Lightly spray a 12-cup muffin pan* with non-stick cooking spray. Heat oil in a small skillet over medium heat. Cook leeks until softened, stirring frequently, about 5 minutes. Divide leeks among muffin cups and top with 2/3 cup of Cheddar cheese. Blend milk, egg, sun-dried tomatoes and thyme in a blender or food processor for about 20 seconds or until tomato is minced. Pour milk mixture over cheese in muffin cups and top each with remaining cheese. Bake 30 minutes or until tops and edges are browned. Cool in pan for 3 minutes; serve warm or cold. Top with additional pieces of sun-dried tomato, if desired.

*May substitute with aluminum muffin cups or individual custard cups, if desired.

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Scalloped Eggs and Bacon

1/4 cup chopped onion

6 hard boiled eggs, sliced

2 tablespoons butter

1/4 teaspoon pepper

2 tablespoons flour

1/4 teaspoon salt

11/2 cups milk

1 1/2 cups crushed potato

1 cup shredded American

cheese

12 bacon strips

1/2 teaspoon dry mustard

Cut bacon strips into 1 inch pieces and fry until crisp. Saute' onion in butter until tender. Stir in flour, gradually add milk and cook, stirring until thickened. Add cheese and mustard stirring until cheese melts. Place half of the egg slices in a greased 10 X 6 baking dish. Sprinkle with salt and pepper. Cover with half of the cheese sauce, potato chips and bacon. Repeat layering. Bake at 350 degrees for 15 to 20 minutes. Tips: Prepare eggs and bacon the night before and put together the next morning to save time. May also use ham cubes instead of bacon. Double the recipe and use a 9 X 13 baking dish.

Mary Jo Semmier, Chancellor

Very Berry Ice Cream

2 lbs frozen berries (raspber- 1/2 cup sweetened ries, blueberries, strawberries or blackberries)

condensed milk

1/2 teaspoon salt

1 tablespoon honey

In blender, pulse berries, condensed milk, honey and salt until smooth, scraping down sides Pour mixture into 5-by-9-inch loaf pan. Freeze uncovered 4 hours, or until set.

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